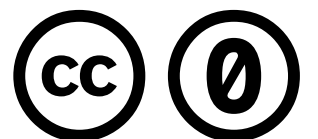


Receiving Original Quality Media on Telegram



Unlike most social media platforms, Telegram has options for sending media in its original quality and with its original metadata (up to 2GB file size limit).



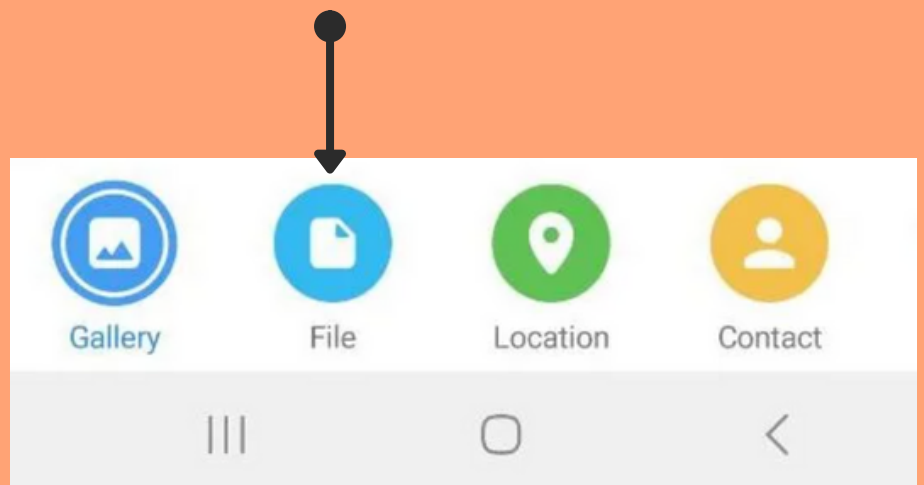
**send media without
compression**

Media stays at its highest audiovisual quality and fidelity when it is not altered from its original state

Android

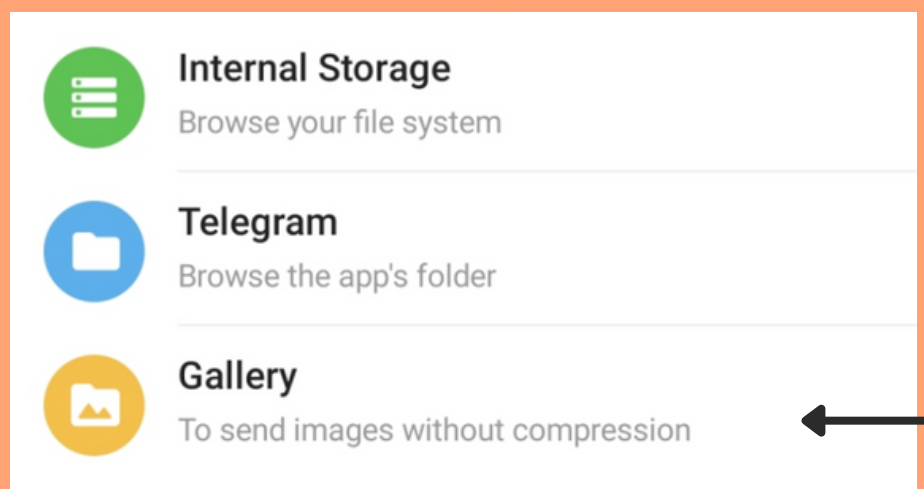
1

In the attachment menu, ask the sender to select **“File”** instead of **“Gallery”**



2

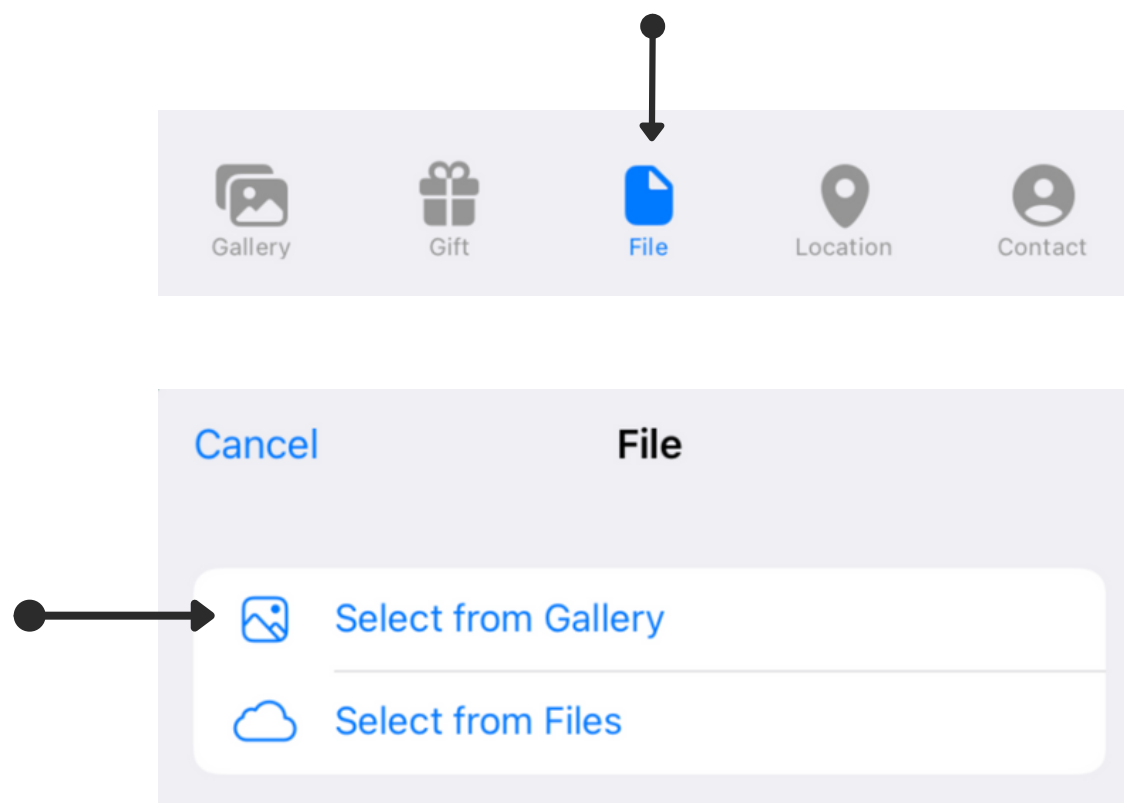
Then, in the File menu, select **“Gallery: To send images without compression”**



iPhone

1

In the attachment menu, ask the sender to select **“File”** instead of **“Gallery”**



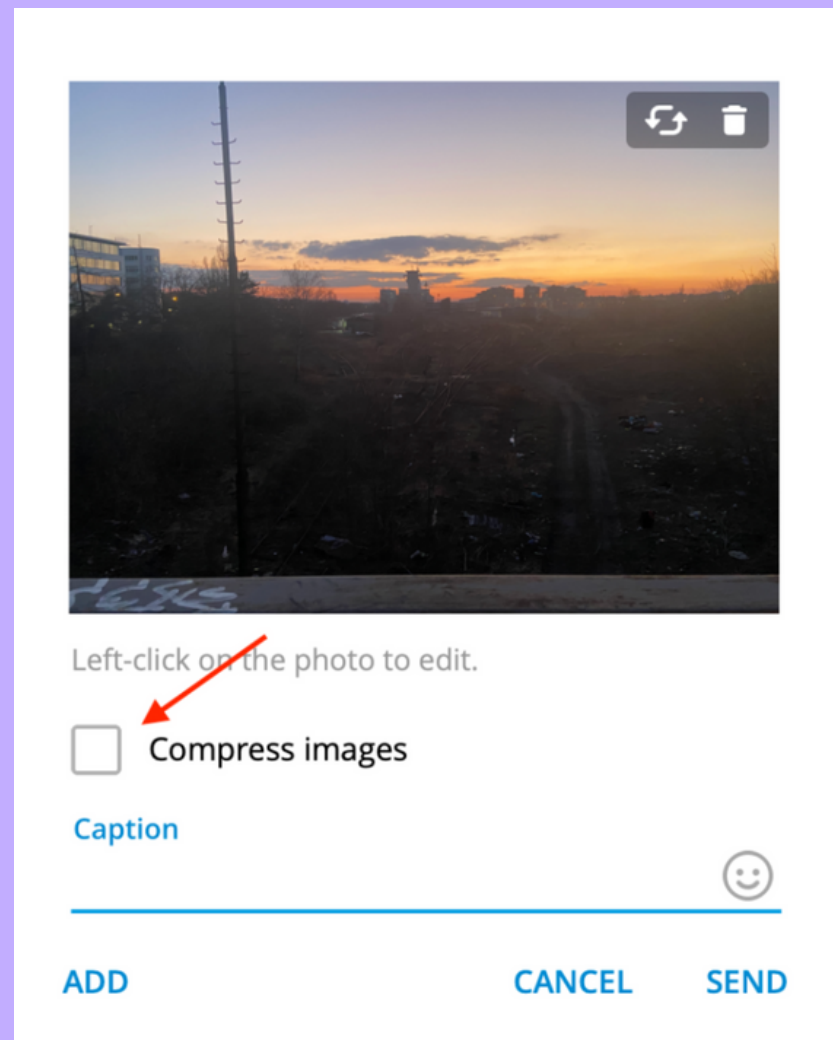
2

Then in the File menu, choose **“Select from Gallery”**

Computer

For video, Telegram Desktop will (by default) send videos without compression. There is nothing the sender needs to do.

For still photos, ask the sender to uncheck the “Compress images” option



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